## Hip fracture in 2023 – the report at a glance

Every year, over 70,000 people in England, Wales and Northern Ireland will fall and sustain a hip fracture.

Most people (19 out of 20) now survive, so it is not enough to measure quality of care by examining mortality figures alone.

This report shows how the <u>National Hip Fracture</u> <u>Database</u> captures patients' experience and helps to answer questions about three key steps in recovery from this injury.

5. Not delirious post-op

65%

NHFD overall: 65%

4. Prompt mobillisation

81%

NHFD overall: 81%

As in past years, four out of five patients get out of bed by the day after surgery, though the number shown to be free of delirium has improved to nearly two thirds.

6. Return to original residence

74%

NHFD overall: 74%

7. Bone medication
43%

NHFD overall: 43%

More people than ever are returning home and successfully being supported to continue with osteoporosis treatment to prevent future fractures.

1. Getting to the right place



Will I receive an anaesthetic nerve block to numb my hip pain, and be admitted to a specialist ward

where a team of doctors, nurses and therapists can work together with me to plan my surgery and rehabilitation?

2. Getting up after surgery



Will I have surgery by the day after I'm admitted and return to the ward with a clear plan for my treatment that means

I am not confused and can get out of bed to eat a normal meal the next day?

3. Getting back home again



Will I get back to my home before my hospital admission, be supported to take bone strengthening treatment

to avoid future fractures, and followed-up so my experience in hospital can help improve the care of future patients? 0. Admission to specialist ward

8 %

NHFD overall: 8%

1. Prompt orthogeriatric review

87%

NHFD overall: 87%

More people than last year get to an appropriate ward and receive the care of a team with an orthogeriatrician, though these figures are still poorer than pre-COVID.

3. NICE compliant surgery

66%

NHFD overall: 66%

2. Prompt surgery

58%

NHFD overall: 58%

More people (two thirds) now receive the operation recommended by NICE, and surgery by the day after admission has improved slightly after the delays of the post-COVID period.

Visit the NHFD website to see the progress 174 different hospitals and each country are making.

